

Spring Menu 2020



Monday

Tuesday

Wednesday

Thursday

Friday

Week One

Option 1	Chicken Curry with Rice	Sausage, Mashed Potatoes, Peas, Gravy	Roast Chicken with Stuffing, Roast Potatoes, Carrots, Beans, Gravy	Macaroni - ham	Fishfingers with Chips and Baked beans
Option 2	Lentil and Sweet Potato Curry with Rice and	Vegetarian Sausages, Mashed Potato and Gravy	Vegetable Wellington with Roast Potatoes and Gravy	Macaroni Cheese, Roasted Vegetables	Cheese and Tomato Quiche with Chips
Sandwich	Egg Mayonnaise	Tuna Mayonnaise	Ham	Jam	Cheese
Dessert	Jelly	Yoghurt	Pineapple cake	Jelly	Syrup Sponge with Custard

Week Two

Option 1	Bolognese, pasta and garlic bread, Salad	Sausage Roll with new potatoes, peas	Roast Gammon Potatoes, Carrots, Gravy	Cheese and Tomato pizza with wedges	Breaded Fish fingers, Peas and Chips
Option 2	Vegetable Bolognese Pasta, Garlic bread	Vegan Sausage Roll with new potatoes	Quorn Roast Fillet with Roast Potatoes, Carrots, Gravy	Cheese and tomato Pizza, wedges, salad	Cheese Frittata, Peas and Chips
Sandwich	Cheese	Egg Mayonnaise	Ham	Tuna Mayonnaise	Jam
Dessert	Yoghurt	Chocolate Cake with Chocolate Drizzle	Jelly	Shortbread	Yoghurt

Week Three

Option 1	Beef chilli and rice and Veg	Chicken & Sweetcorn Pie with New Potatoes and Gravy	Roast Chicken, roast potatoes, peas, Gravy	Chicken Stir Fry with Noodles	Fish Fingers, Baked beans and Chips
Option 2	Vegetable chill, sweetcorn, rice	Vegetable Pie with carrots and mash	Vegetarian Sausages, Mashed Potato and Gravy	Vegetarian Stir Fry, Green beans, Noodles	Homemade Vegetable Sausage, Baked beans, Chips
Sandwich	Ham	Tuna Mayonnaise	Egg Mayonnaise	Jam	Cheese
Dessert	Oaty Cookie	Jelly	Yoghurt	Chocolate Brownie	Yoghurt

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.