

WEEK**3****Eatwell**
*Fresh-Healthy-Filling***West Grantham Academy Lunch Menu****MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****The Main Event**

Beef Casserole & Dumplings

Chicken Rogan Josh

Roast Chicken Breast &
Yorkshire Pudding

Sweet & Sour Pork

Breaded Haddock Fillet or
Local Pork Sausages**Vegtastic**

Roasted Vegetable Tart

Roasted Vegetable Curry

Spinach, Mushroom &
Cheddar StrudelVegan Sweet & Sour
vegetablesRoasted Vegetable
enchiladas**Sides**Creamy mashed potato &
Mixed Seasonal VegSteamed Rice
Garlic & Coriander Naan
BreadRoast Carrot & Potato's,
Green Beans & GravyEgg fried Rice & Prawn
CrackersChips, Mushy Peas, Baked
Beans**Taste of Italy
(Pasta Bar)**Crispy Bacon Mac & Cheese
Penne Pasta ArrabiataChorizo Pasta
Penne Pasta ArrabiataPasta Bolognese, Penne
ArrabiataBeef Lasagne
Penne Pasta ArrabiataMeatball Pasta
Penne Pasta Arrabiata**Salad & Deli****A wide selection of freshly made salads, sliced meats, pickles, olives & dressing with home quiche & locally bake breads****Baked Potato Bar****Freshly baked potato with a choice of two fillings & fresh salad****Something Sweet**Pear and Apple Crumbel
with CustardPineapple Upside Down
Cake with Custard

Homemade Cheesecake

Jam Sponge & Custard

Banoffe Pie

**Also available a selection of fresh salads, cakes, fruit pots and a range of cold drinks and milks.
For all dietary & allergen requirements please ask a member of staff**