

Local Sports Clubs

Give them a try!



Why should I join?

- Do something you enjoy
- Keep fit and healthy
- Compete against other teams
- Learn something new
- Meet new people, make new friends

When do they train?

Website: www.granthamac.com

Summer (April-Sept) **Tel:** 01400 230881

Wednesday, 7 -8:30pm at the Sports Stadium – 11+ year olds, £4 per session
 Winter (Oct-Mar)

• Wednesday, 6:30-7:30pm at the Sports Stadium – 11+ year olds, £4 per session







What do they offer?

- Track and field athletics
- Cross Country running
- Road running







Grantham Cricket Club

Gorse Lane Grantham Lincolnshire NG31 7UE

Why should I join?

- Do something you enjoy
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Website: www.grantham.play-cricket.com

Telephone: <u>01476 563742</u>

Summer (April-Sept)

When do they train?

Wednesday, 7 -8:30pm at the Sports Stadium – 11+ year olds, £4 per session
 Winter (Oct-Mar)

• Wednesday, 6:30-7:30pm at the Sports Stadium – 11+ year olds, £4 per session





What do they offer?

- Under 15 Boys
- Under 13 Mixed
- Under 12 Boys
- Under 11 Boys







Grantham Squash & Fitness Centre Harlaxton Road Grantham Lincolnshire NG31 7JX

Telephone: <u>01476 607318</u>

Email: info@granthamsquash.co.uk www.granthamsquash.co.uk

Junior Squash Coaching

- Beginners: Saturdays 10.30-11.30 11+ year olds, £5 per session
- Improver/intermediate, 6:30-7:30pm 11+ year olds, £5 per session

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Squash Fitness

JUNIOR-SQUASH COACHING

TUESDAYS 5.40PM-6.20PM

JUNIOR SQUASH COACHING 5-11 YEARS (BEGINNER PLAYERS) - £4

TUESDAYS 6.30PM-7.30PM

JUNIOR SQUASH COACHING 9-18 YEARS (IMPROVER-INTERMEDIATE CAPABLE OF FULL COURT GAME) - £5

WEDNESDAYS 6.00PM-7.00PM

JUNIOR SQUASH COACHING 11 YEARS-18 YEARS (INTERMEDIATE-ADVANCING) - £5

SATURDAYS 10.30AM-11.30AM

BEGINNERS SQUASH 11 YEARS+ - £5

All coaches DBS and safeguarding checked.

Junior leagues and internal tournaments.

All weather sport. Test yourself.

01476 561449



Barrowby Football Club

Lowfields Low Road Barrowby NG32 1DJ

Why should I join?

- Do something you enjoy
- Keep fit and healthy
- Compete against other teams
- Learn something new
- Meet new people, make new friends

Contact: barrowbychairman@gmail.com

When do they train?

Contact the club for further details





What do they offer?

Youth football clubs for boys and girls

ages 5 to 18







Gonerby Youth Football Club

Belton Ln, Great Gonerby, Grantham NG31 8PP

Why should I join?

- Do something you enjoy
- Keep fit and healthy
- Compete against other teams
- Learn something new
- Meet new people, make new friends

What do they offer?

Youth football clubs for boys and girls ages U6 to U18

Contact: Message the club using the contact form on the website

Tel: <u>07540 434126</u>

Website: www.gonerbyyouthfc.co.uk



When do they train?

Contact the club for further details







Grantham Tennis Club and Gym Arnoldfield, Gonerby Road GRANTHAM Lincolnshire NG31 8HU

Website: https://clubspark.lta.org.uk/granthamtennisclub

When do they train?

Junior (10+) Drop in sessions (Just turn up - no need to book) Saturdays 10-12 £10 per session

Mini and adults sessions are also available







What do they offer?

- Tennis and gym facilities
- Indoor and outdoor tennis
- Pickleball
- Coaching
- Free parking and Wifi

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Kesteven Rugby Club

Woodnook Grantham NG33 5AA

- THE BLACK ARMY -ONE CLUB - ONE FAMILY

Website: www.kestevenrugby.club

Email: admin@kestevenrugby.club

Tel: 01476 564887

When do they train?

Training and matches are on Sunday mornings from 10AM





What do they offer?

- Rugby for ages U6 to adults
- Competitive Leagues for both girls and boys
- Enjoyable Family friendly club

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